

APPRECIATING OTHERS' POSITIVE ATTRIBUTES & QUALITIES

Which of these positive traits, qualities and attributes can you spot in others? Use this list for inspiration, describing how you see the attribute 'show up' and the positive impact it has for you, others, results, the organisation, etc.

CREATIVITY

COURAGE

OPTIMISM

HONESTY

EMPATHY

OPENNESS

FAIRNESS

HUMILITY

PERSEVERANCE

LOVE OF LEARNING

IMAGINATION

GENEROSITY

AMBITION

DETERMINATION

LOYALTY

ENERGETIC

ORGANISED

INTUITIVE

DEVOTED

APPROACHABLE

FLEXIBLE

SUPPORTIVE

CONSCIENTIOUS

ARTICULATE

FRIENDLY

CALM

RELIABLE

CHARISMATIC

METICULOUS

CLEVER

PASSIONATE

COOPERATIVE

TEAM ORIENTED

DRIVEN

RESPONSIBLE

DILIGENT

EASYGOING

PUNCTUAL

RATIONAL

HUMOROUS

EFFICIENT

CHEERFUL

ENTHUSIASTIC

FLEXIBLE

CURIOUS

INDEPENDENT

INSIGHTFUL

CONFIDENT

PATIENT

AUTONOMOUS

PERCEPTIVE

RESOURCEFUL

RESPECTFUL

DISCIPLINED

CONSIDERATE

TRUSTWORTHY

SELF-AWARE

KIND

INTEGRITY

HUMBLE



ABOUT THIS DOCUMENT

This resource is one of the worksheets shared with participants who attend one of my workshops on providing meaningful Recognition & Appreciation.

All of my programs aim to help leaders and their teams learn the skills, tools & frameworks for confidently tackling important workplace conversations (instead of avoiding them!)

See www.leisamolloy.com for more info.

Feel free to reach out for a conversation anytime on 0404 870 041 (I love to chat!)



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